Prediction of Self- Destructiveness based on Perceived Stress, Brain-behavioral Systems and Defense Styles

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\text { مشريه روانشناسى انتشار: نوين, دوره 2, شماره } 3 \text { (سال: 1401) }
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تعداد صفحات اصل مقاله: 14
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خلاصه مقاله:
The aim of the present study was to predict self- destructiveness based on perceived stress, brain-behavioral systems and defense styles. The population was the students of the Faculty of Pharmacy of Shahid Beheshti University of Medical Sciences in the academic year r-1V-r•1^; through convenience sampling method, $1 \Delta \cdot$ completed questionnaires were analyzed. The design was correlational. chronic self- destructiveness scales (CSDS), perceived stress scale (PSS), behavioral inhibition-activation systems scale (BIS/BAS) and defense styles (DSQ) were used to collect data. The data were analyzed using Pearson's correlation coefficient as well as stepwise regression. The results showed that there was a relationship between self-destructiveness and perceived stress $(\mathrm{p} \leq \cdot \cdot 1)$, punishment sensitivity $(\mathrm{p} \leq \ldots 1)$, reward responsiveness $(\mathrm{p} \leq \cdot \bullet)$, drive $(\mathrm{p} \leq . \cdot 1)$, and fun seeking ( $\mathrm{p} \leq . \cdot 1$ ). Immature defense style $(\mathrm{p} \leq . \cdot 1)$ and neurotic defense style ( $\mathrm{p} \leq . \cdot 1$ ) have a relationship. Moreover, the regression analysis revealed that fun seeking (RY=. H ), reward sensitivity ( $R Y=. Y \mathcal{F}$ ), driving ( $R Y=. Y Y^{\prime}$ ), neurotic defense styles ( $R Y=. I V$ ), immature defense styles ( $R Y=.1 I$ ) and punishment sensitivity ( $\mathrm{R} Y=.11$ ) could predict selfdestructiveness. In conclusion, it can be said that perceived stress is in dynamic relationship with brain-behavioral systems and defense styles can predict self- destructiveness. Punishment sensitivity among brain-behavioral systems, and immature defense styles among the defense styles, were most strongly .associated with self-destructiveness

> كلمات كليدى:

Brain-behavioral system, defense styles, Perceived stress, Self- Destructiveness
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https://civilica.com/doc/1706864


