

## عنوان مقاله:

Psycho-demographic Factors Influencing Social Well-being among Mobile Police Force

## محل انتشار:

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## خلاصه مقاله:

**Introduction:** There is overwhelming evidence in the increase of dysfunctional social well-being among service members returning from deployment, and this is culminating into a wide range of social challenges. The present study investigated the psycho-demographic factors influencing social well-being among mobile police force in Kwara State, Nigeria. **Method:** The study adopted a survey method utilizing an ex-post-facto design. The purposive sampling technique was used to sample ۲۰۰ mobile police officers (۱۵۲ males and ۴۸ females). They completed a questionnaire pack which included-the Post-Deployment Readjustment Inventory Scale, Emotion Regulation Questionnaire and Mental Health Continuum of Social Well-being-Short Form. Data were analyzed using descriptive statistics, Pearson Product Moment Correlation, ANOVA and Multiple Regression. **Results:** Findings showed that emotion regulation has a positive relationship with social well-being. Also, age, emotion regulations and post-deployment stress as a whole significantly predicted social well-being among the sampled participants. However, emotion regulation independently predicted social well-being, though marital status did not significantly influence social well-being among the participants. **Conclusion:** This study presented emotion regulation as a great predictor of social well-being. It is recommended that; emotion regulation should be built into the training and debriefing of mobile police before and after deployment to aid their better social well-being.

## کلمات کلیدی:

Keywords: Age, emotion regulation, Police, Post-deployment Stress, social well-being

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