

عنوان مقاله:

Thinking Child” Program: Effects on Parenting Styles and Family Problem-Solving Skills“

محل انتشار:

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خلاصه مقاله:

Abstract Introduction: This study, which was framed within the context of a developing country, aimed to evaluate the impact of the Thinking Child problem-solving program on parenting styles and family problem solving skills. **Methods:** A hundred and four mothers in Tehran voluntarily participated in the Thinking Child sessions, conducted weekly by experienced trainers for 9 sessions. A single group pre- and post-test pilot design was executed. Outcome measures included the Parenting Style Questionnaire and Family Problem Solving Scale. **Results:** The findings bolstered the effectiveness of the program on problem-solving processes and parents' relationships with their children specifically, showed a significant reduction in authoritative and authoritarian parenting styles and also revealed an increase in permissive parenting style. **Conclusion:** The Thinking Child intervention displays promising results for trainings involving problem-solving skills in parents. However, it should be used in conjunction with a complementary intervention while parent training is executed.

کلمات کلیدی:

Keywords: Problem Solving, Parenting Training, Family Problem Solving

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