

عنوان مقاله:

A critical study on the newest model of perfectionism

محل انتشار:

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خلاصه مقاله:

Introduction: The 2×2 model is the newest model of perfectionism that has been raised several hypotheses about the compatibility's level of different types of perfectionism. The main aim of this study is to test these hypotheses. Methods: A hundred and ninety eight MA students were selected through a cluster random sampling and were divided into four groups based on perfectionism's types with Hill perfectionism as a screening test. Afterwards, these four groups were compared using multivariate analysis of variance (MANOVA) in terms of the components of general health and two personality characteristics (Neuroticism and Conscientiousness) to test the 2×2 model hypotheses. Results: Hypothesis 1 and hypothesis 4 of the 2×2 model of perfectionism were accepted. This is was while the hypothesis 2 and hypothesis 3 were not accepted because the results of the research showed the mixed perfectionism is more maladaptive compared to the other combinations of ECP and PSP. Conclusion: It seems that the perfectionism tests - especially the Hill perfectionism inventory- are not able to measure the absolute adaptive perfectionism. Therefore, the main suggestion of the research is that future researchers may try to understand the characteristics of adaptive perfectionism and design the test that can measure the quite adaptive perfectionism.

کلمات کلیدی:

Perfectionism, General health, 2×2 Model

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