

## عنوان مقاله:

Relationship of spirituality, resiliency, and coping strategies with quality of life in university students

## محل انتشار:

مجله بین المللی علوم رفتاری, دوره 6, شماره 2 (سال: 1391)

تعداد صفحات اصل مقاله: 7

## نویسنده:

Khodamorad momeni - Razi university

## خلاصه مقاله:

Introduction: This study was conducted to determine the relationships of spirituality, resiliency, and coping strategies with quality of life, and to determine their predicting power in university students' quality of life. Method: The statistical population was Razi University students. The samples (N=375) were selected by classified random method for this population. The information collection tools were Ghobari's Spirituality Experience; Conner, and Davidson Resiliency Questionnaire (CD-RISC); Coping Strategies Scale of Lazarus and Folkman (WOCQ); and Quality of Life Questionnaire (SF-36). This study had the correlation design and data were analyzed by stepwise regression. Results: Spirituality, resiliency, and emotion-oriented strategy predicted 38% of quality of life variance. Quality of life had a positive relationship with resiliency, spirituality, and problem-oriented strategy factors and a negative relationship with emotion-oriented coping strategy. Conclusion: Since resiliency, spirituality, and coping strategies factors could predict the quality of life, the students' quality of life will be enhanced by creating such capacities.

## کلمات کلیدی:

Quality of Life, Spirituality, resiliency, Coping Strategy, University Students

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1731577>

