

عنوان مقاله:

The Relationship Between Spiritual Health, Positive Thinking, Type D Personality, and Health Promoting Lifestyle
With Death Anxiety

محل انتشار:

مجله کشت ها و گردش خون، دوره 3، شماره 3 (سال: 1401)

تعداد صفحات اصل مقاله: 8

نویسندگان:

Alireza Sharifzad - *Department of General Psychology, Faculty of Literature and Psychology, Shahid Bahonar
University of Kerman, Kerman, Iran*

Ghasem Askarizadeh - *Department of General Psychology, Faculty of Literature and Psychology, Shahid Bahonar
University of Kerman, Kerman, Iran*

Massoud Bagheri - *Department of General Psychology, Faculty of Literature and Psychology, Shahid Bahonar
University of Kerman, Kerman, Iran*

خلاصه مقاله:

Background and Aim: The present study was conducted to investigate the relationship between spiritual health, positive thinking, type D personality, and health-promoting lifestyle with death anxiety in heart failure patients. **Materials and Methods:** This research was analytical-cross-sectional conducted in ۲۰۲۲. The statistical population included all heart failure patients in Yazd city, Iran, in ۲۰۲۱. A sample of ۲۰۰ people with heart failure disease was selected using the convenience sampling method. The data collection tools in this research included Poltzen-Wallis's (۱۹۸۲) spiritual health questionnaire, Ingram and Wisnicki's positive thinking questionnaire, personality type D questionnaire, Walker's health-promoting lifestyle questionnaire, and Templer's death anxiety questionnaire. The data were examined and analyzed using correlation and regression analysis. SPSS software, version ۲۶ was used to analyze the data. **Results:** The results showed that spiritual health, positive thinking, type D personality, and health-enhancing lifestyle reduce death anxiety in heart failure patients and the relationship between the variables is positive and significant. **Conclusion:** The results indicate that the higher the level of spiritual health, positive thinking, D personality type, and health-enhancing lifestyle among heart failure patients, the less death anxiety, and the higher the mental health of the patients, the better their quality of life.

کلمات کلیدی:

Spiritual therapies, Optimism, Type D personality, Anxiety, Heart failure

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1810867>



