

عنوان مقاله:

The Spiritual Coping Model of Patients with Chronic Back Pain According to Mood/Anxiety Symptoms Mediating by Emotional Schemas

محل انتشار:

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خلاصه مقاله:

Background and Objectives: Spiritual coping strategies of patients are influenced by their mood/anxiety symptoms and emotional schemas. Therefore, the present study aimed to develop a conceptual model of spiritual coping in patients with chronic back pain, considering the role of mood/anxiety symptoms and emotional schemas. **Methods:** The research method was descriptive correlational. The statistical population included all women and men ۲۵ to ۵۵ years old with chronic back pain referring to the orthopedic and neurology clinics of Torbat Heydarieh City, Iran, in ۲۰۲۱-۲۰۲۲, of whom ۴۰۰ people were selected considering the inclusion criteria using the convenience method. The tools used were the mood and anxiety symptoms questionnaire (MASQ-D۳۰), a brief version of the Leahy emotional schema scale II-(LESS II), and the religious coping scale. The data were analyzed by structural equation modeling by SPSS software, version ۲۴ and LISREL software, version ۸.۸. **Results:** The fitted model showed a direct relationship between mood/anxiety symptoms and emotional schemas ($\beta=۰.۷۴۰$), an inverse relationship between mood/anxiety symptoms and spiritual coping ($\beta=-۰.۴۸۰$) at the significant level of ۰.۰۵, and an indirect relationship between mood/anxiety symptoms and spiritual coping through emotional schemas ($\beta=-۰.۴۸۸$), which was significant at the ۰.۰۵ level. **Conclusion:** The results of the study supported the mediating role of emotional schemas in the relationship between mood/anxiety symptoms and spiritual coping strategies of patients with chronic back pain. Therefore, developing therapeutic interventions to reduce emotional schemas and improve spiritual coping strategies along with medical treatments is useful in adapting and improving chronic pain sufferers

کلمات کلیدی:

Mood, Anxiety, Symptoms, Emotional schemas, Spirituality, Coping
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