

عنوان مقاله:

Post-traumatic Growth in Breast Cancer Patients: A Qualitative Phenomenological Study

محل انتشار:

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خلاصه مقاله:

Background: Studies about cancer-related trauma have shown that psychological reactions to the disease are not exclusively negative but most patients also report positive experiences. These positive perceptions are also called post-traumatic growth and benefit patients psychologically, spiritually, and physically. Therefore, we have conducted a study about how women with breast cancer perceive post-traumatic growth and the recognition of its dimensions in Iran. **Methods:** This qualitative study was conducted by using Interpretative Phenomenological Analysis. A total of ۲۳ women with breast cancer who met the inclusion criteria were selected after which patients completed a researcher-generated open-ended questionnaire. Data were analyzed according to the guidelines for the Interpretative Phenomenological Analysis and Smith method. **Results:** Participants' perceptions in this study about post-traumatic growth included three themes: spiritual growth, appreciation of life, and increased personal strengths. **Conclusion:** Themes found in this study conformed to dimensions according to the Tedeschi and Calhoun theory of post-traumatic growth. However, relations with others were not found in the present study. We propose that interventions should be designed and implemented in order to facilitate and enhance post-traumatic growth.

کلمات کلیدی:

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