

عنوان مقاله:

بکارگیری دستورالعمل کنترل درد و آرام سازی بیماران بستری در بخش مراقبت های ویژه

محل انتشار:

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خلاصه مقاله:

Aims: One of the main duties of treatment team in ICU is relieving pain of the patients hospitalized in this ward. Using pain protocols can have positive effects in reducing pain experience of patients hospitalized in ICU. The present study has been done with the aim of "investigating the effect of applying the protocols of pain and sedation control of the patients hospitalized in intensive care unit." **Methods:** In a semi experimental study in Khatamolanbia hospital of Zahedan in ۲۰۱۲, we surveyed ۸۰ critically ill patients who were under mechanical ventilation. We randomly assigned patients in two control and intervention groups while in intervention group, patients' pain and sedation control were performed by using pain and sedation protocol in control group, patients received usual, none protocol pain and sedation control. For data collection, behavioral pain scale (BPS) and Richmond Agitation Sedation Scale (RASS) were used. After data collection, data were analyzed by SPSS ۱۸ software and by using descriptive and inferential statistical tests. **Results:** there wasn't any significant difference in terms of age and sex between two groups ($p < .۰۲۶۴$). Level of pain of patients in intervention group (protocol group) was significantly lower in compare with patients in control group ($p < .۰۰۰۰$). Also, level of patient's sedation in intervention group was near to ideal sedation of Richmond in compare with patients in control group. There was statistical significant difference in sedation level of patients between the two groups ($p = .۰۰۵$). **Conclusion:** Many patients in ICU experience pain as an unpleasant experience. Results of the present study showed that using pain and sedation protocol can improve pain control and also better sedation remarkably in patients hospitalized in ICU.

کلمات کلیدی:

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