

## عنوان مقاله:

The Relationship between Job Satisfaction and Burnout among Rehabilitation Personnel of Razi Psychiatric Hospital in Tehran

## محل انتشار:

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## خلاصه مقاله:

**Background and purpose:** The study about effective management dimensions in hospital staff performance is important. This study was done to survey the relationship between job satisfaction and burnout in the rehabilitation personnel of Razi Psychiatric Hospital in Tehran. **Materials & Methods:** In this cross-sectional study, 77 subjects including psychometrics, general practitioners, specialists, nurses, social workers, occupational therapists and psychologists were selected randomly among rehabilitation staff in Razi Psychiatric Hospital in 2011. The data were collected using Maslach Burnout Inventory (MBI) and Minnesota Job Satisfaction Questionnaire (MSQ). The data were analyzed using Pearson's correlation method. **Results:** Job satisfaction had an inverse relationship with "emotional exhaustion" and "depersonalization" ( $p < 0.001$ ), but there was not a significant relationship between "personal accomplishment" and "job satisfaction". The mean of emotional exhaustion was 68.18, depersonalization 68.4 and personal accomplishment 29.36. In addition, the results of this study showed that 36.6 percent of rehabilitation team employees in Razi Psychiatric Hospital were satisfied with their jobs. **Conclusion:** As the results show, it is necessary to perform further research to find the main reasons of intensifying job burnout and then reduce these critical factors leading to personnel dissatisfaction from their jobs and any probable consequence of this dissatisfaction.

## کلمات کلیدی:

Job Satisfaction, Burnout, Rehabilitation, Psychiatric Hospital

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