

## عنوان مقاله:

(The Pregnancy and Childbirth Outcome of Adolescent and Young Mothers in Dezyani Hospital of Gorgan, Iran (۲۰۰۸)

## محل انتشار:

مجله تحقیقات توسعه پرستاری و مامایی، دوره 7، شماره 1 (سال: 1389)

تعداد صفحات اصل مقاله: 8

## نویسندگان:

## خلاصه مقاله:

Background and Objective: Pregnancy in the early years of reproductive period has been considered as a high-risk pregnancy. Since different factors interfere with pregnancy and its outcome in teenagers, this study was conducted to determine the outcomes of pregnancy and childbirth in adolescents in Dezyani Hospital of Gorgan, Iran (۲۰۰۸). Material and Methods: In this retrospective case-control study, we compared the pregnancy outcome of ۹۱ primigravida teenagers (less than ۱۹ years) with that of ۸۹ women (۱۹-۲۹ years) as control group. The data collected from patients medical records are mother's age, gestational age, and fetal presentation, gestational hypertension, diabetes mellitus, the way of delivery, hemoglobin status before and after childbirth, first and fifth minute Apgar scores, neonatal anthropometric indices, mode of delivery, congenital anomalies. Data were analyzed with descriptive-analytic tests, using the SPSS.۱۶ software. Results: The mean age of the case and control group is  $17.73 \pm 1.30$  and  $24.56 \pm 2.54$ , respectively. In admission, young mothers have significant more weight and height ( $p < 0.05$ ). Mean gestational age is almost the same in teenage ( $38.59 \pm 3.15$  week) and young mothers ( $38.09 \pm 3.0$  week). Neonatal anthropometric indices and first and fifth minute Apgar scores are not significantly different in two groups. Conclusion: Mother's age can not be the only determinant of the outcome of pregnancy and childbirth. Pregnancy in teenagers isn't associated with the decrease of gestational age, anthropometric indices and Apgar score, and is not related with the increase of early childbirth and maternal and neonatal mortality.

## کلمات کلیدی:

Adolescence, Complications, Outcome, Pregnancy, Childbirth, پیامد بارداری، نوجوان، هموگوبین، آنتروپومتریک، نوزاد

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