

عنوان مقاله:

The Positive Impact of Educational Intervention Program Based on Precede Model on Preventive Behaviors to Reduce Brucellosis in the Rural People of Khomein

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نویسندگان:

Mohammad Ali Oruoji - دانشگاه علوم پزشکی اراک

seyyed javad hashemi - دانشگاه آزاد اسلامی خمین

seyyed mehdi Hazavehei - دانشگاه علوم پزشکی همدان

abdolrahman chrkazi - دانشگاه علوم پزشکی گلستان

javad javaheri - دانشگاه علوم پزشکی اراک

mohammad moazeni - دانشگاه علوم پزشکی اراک

خلاصه مقاله:

Background and Objective : Brucellosis is a zoonosis that can be transmitted between species from animals to humans or from humans to animals, which is still a major health and economic problem. The main preventive strategy for brucellosis is to educate rural ranchers on the basis of Precede framework. We aimed to study the effect of educational intervention program based on Precede Model and its main components on preventive behaviors to reduce Brucellosis in the rural district of Khomein. **Material and Methods :** In this pre-experimental randomized controlled study, the samples were ۴۰۰ adult men of rural district of Khomein city randomly allocated to case and control groups. Data gathering instrument was a questionnaire based on Precede framework. Reliability of the questionnaire through the internal consistency test on the pilot phase was approved on ۲۵ individual and the validity was confirmed by face validity. The intervention, based Precede framework, was a package of three ۶۰-۹۰ minute sessions conducted weekly. The subjects were followed for three months and the data analyzed by independent T-test, paired T-test, analysis variance with repeated observations. **Results:** After intervention, the mean scores of predisposing(knowledge and attitude), reinforcing and enabling factors in case group is different significantly from that in control group ($p<0.05$). **Conclusion:** Planning and implementation of health education intervention via Precede framework could be positive in increasing preventive behaviors to reduce brucellosis incidence. **Keywords:** Health education, Brucellosis, Precede framework

کلمات کلیدی:

Health education, Brucellosis, Precede framework, آموزش بهداشت، مدل پرسید، تب مالت

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