

## عنوان مقاله:

Identification of Residents' Stressors: A Review Study

## محل انتشار:

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## خلاصه مقاله:

Background: High level of stress experienced by residents is one of the important factors of the reduction in their efficiency and the increase in their error rate and poor clinical performance. Objectives: The present study was conducted to review, identify and categorize the most important stressors of residents. Methods: In this narrative review study, English articles were reviewed by electronic search of Education Resources Information Center (ERIC), PubMed, ProQuest, Scopus and Google Scholar search engine over the last 10 years (2013-2022). Results: Based on the data, 89 stressors were extracted from 12 articles, and then divided into six categories of "stressors related to care and treatment, stressors related to interpersonal and intrapersonal communication, social stressors, stressors related to course management and planning, stressors related to teaching and learning and stressors related to residents' drive and desires". Conclusion: The identification and categorization of stressors in the present study made it possible that the planners and practitioners of residency courses can design and implement effective solutions to reduce the negative impacts of residents' stressors and, as a result, provide better conditions for their learning and training during the course.

## کلمات کلیدی:

Stress, Stressors, Residents, Residency

## لینک ثابت مقاله در پایگاه سیویلیکا:

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