

عنوان مقاله:

A Study of the Relationship between Resilience and Academic Burnout in Nursing Students

محل انتشار:

مجله گام های توسعه در آموزش پزشکی، دوره 13، شماره 5 (سال: 1396)

تعداد صفحات اصل مقاله: 13

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خلاصه مقاله:

Background & Objective: Nurses experience numerous stressors Nursing students despite their limited experience are forced to face many stressors and this will cause academic burnout among them Resiliency has a key role in the reduction of negative consequences and increasing of positive consequences of stress and thus can impact academic burnout This study was performed to determine the relationship between resiliency and academic burnout in nursing students of Kerman University of Medical Sciences Iran **Methods:** This descriptivecorrelational study was conducted on ۱۶۱ nursing students Demographic characteristics form the ConnorDavidson Resilience Scale (CDRISC) and Academic Burnout Questionnaire (Breso et al) were used to collect data The results were analyzed using Pearson correlation coefficient independent ttest and ANOVA in SPSS software $P < ۰.۰۵$ was considered as the significant level **Results:** In this study ۱۵۴ (۹۵۷%) participants were ۱۹۲۴ years old of whom ۶۲۷% were women and ۳۷۳% were men The mean scores of academic burnout and resiliency were ۴۱.۵۶ ± ۸.۶۵ and ۶۶.۳۲ ± ۱۱.۵۷ respectively The results of Pearson correlation coefficient indicated an inverse statistical correlation between academic burnout and resiliency ($r = ۰.۲۶$ $P = ۰.۰۰۱$) **Conclusion:** In the present study a significant relationship was observed between academic burnout and resiliency among nursing students of Kerman University of Medical Sciences Students with higher resiliency reported lower academic burnout

کلمات کلیدی:

resiliency, Academic burnout, nursing student

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