

عنوان مقاله:

The Stress Level and Related Factors in Students of School of Dentistry Kerman University of Medical Sciences Iran

محل انتشار:

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خلاصه مقاله:

Background & Objective: Dentistry is a stressful job and dental students are exposed to educational and environmental stresses. The aim of this study was to determine the stress level in dental students. **Methods:** This cross-sectional study was conducted on students of School of Dentistry Kerman University of Medical Sciences Iran. Data were collected by Depression Anxiety and Stress Scales (DASS-21) standard questionnaire and analyzed by linear regression and t-test. **Results:** 32.6% of students had moderate and 4.3% had severe stress. There was no significant differences between sex, academic year, mean of scores and stress level. Married students had more stress ($P = 0.037$). Students staying with their parents had low stress level ($P = 0.047$). In 66% of students the university issues were stressor. **Conclusion:** Based on the result of this study stress level among dental students is fairly high. Greater attention to this issue is recommended.

کلمات کلیدی:

Stress, Dental students, Kerman, Iran

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