

عنوان مقاله:

Relationship Between Self-Management Strategy and Self-Efficacy Among Staff of Ardabil Disaster and Emergency Medical Management Centers

محل انتشار:

فصلنامه سلامت در حوادث و بلایا، دوره 3، شماره 2 (سال: 1396)

تعداد صفحات اصل مقاله: 6

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خلاصه مقاله:

Background: The nature of the work in the emergency department is as if the unwilling persons are in trouble. Self-efficacy is necessary to overcome obstacles in this type of job. Thus, the purpose of this study was to determine the relationship between self-management strategy and self-efficacy of emergency staff, stressing on the mediating role of job stress and safety behavior. Materials and Methods: The present study is a non-experimental design and more precisely a correlation scheme of structural equation type. The study population consisted of all emergency department staff, including road and city campus in Ardabil province in ۲۰۱۷. To select the study sample group, ۵ personnel from ۴۰ bases in the entire province were randomly selected. A total of ۲۰۰ employees were selected as the sample of the study. Harris job Stress Questionnaire (۱۹۹۵), General Health Questionnaire, Safety Behavior Questionnaire, and Self-management Strategy Questionnaire were used for data collection. Results: The results showed a significant negative relationship between job stress and self-efficacy ($P < 0.001$). Also, there was a positive and significant relationship between safety behavior and self-management with self-efficacy ($P < 0.001$). In addition, the present study showed that the job stress and safety behavior play a mediator role between self-management and self-efficacy of emergency staff. Conclusion: In general, considering that job stress, safety behavior and self-management predictive self-efficacy of emergency staff. Individuals with high self-efficacy wait for the desired outcomes of their performance. So by giving stress management training and applying their safety principles and strategies, targeting can create a sense of self-efficacy such that a person can withstand persistent efforts to overcome obstacles. Improving working conditions also plays an effective role in increasing productivity

کلمات کلیدی:

Job stress, Safety behavior, Self-efficacy, Self-management

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<https://civilica.com/doc/1855488>

