

عنوان مقاله:

Evaluation of Elderly's Integrated Healthcare Components in Primary Healthcare Centers of Tehran, Iran

محل انتشار:

اولین کنگره بین المللی مراقبت های تسکینی و حمایتی در سالمندان (سال: 1401)

تعداد صفحات اصل مقاله: 1

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خلاصه مقاله:

Introduction: Over the past few decades, significant demographic and epidemiological changes have been occurred and led to serious changes in the health-care needs of the elderly. Integrated care has been emerged as a strategy to provide better care for the elderly in the community. The aim of this study was conducted to evaluate components of integrated health-care program of the elderly.

Materials and methods: This quantitative cross-sectional study was conducted in Tehran (Iran) in 2019. For the purpose of the study, a two-stage cluster sampling method was employed. In the first stage, primary health-care centers were selected, then in the second stage, a systematic random sampling was conducted based on the number of the elderly covered by each center. Level of frailty, medication use awareness, and self-care ability were evaluated by the elderly self-report questionnaire. The questionnaire was piloted with thirty respondents. The test-retest reliability score for the questionnaire was $r = 0.795$, $P < 0.001$. Data analysis of the questionnaire was conducted using generalized estimating equation model by SPSS software Version 22. Statistical significance for all analyses was set at $P < 0.05$.

Results: Findings of the components showed that the mean \pm standard deviation of frailty (1.0 ± 1.7) and self-care ability (1.7 ± 1.7) were higher than the mean of medication use awareness (1.9 ± 1.9). Frailty and self-care ability (β = frailty, self-care) of the elderly had a positive statistical significance with the ones with good financial status ($\beta = 0.5, 1.0$) and without chronic disease ($\beta = 4, 5$). Medication use awareness had a negative statistical significance with illiteracy ($\beta = -9.5$).

Conclusion: It is suggested that the medication use awareness of the elderly should be prioritized by improving integrated health-care program

کلمات کلیدی:

Elderly, integrated health care, medication review, risk screening, self care ability

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