

عنوان مقاله:

Mediation Role of Psychological Capital Between Job Stress, Burnout, and Mental Health Among Nurses

محل انتشار:

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خلاصه مقاله:

Objective: Mental health, job burnout, and job stress have an important role in the wellbeing of nurses and their services. The present study aimed to investigate the relationship between job stress and burnout and mental health with the mediation of psychological capital. Methods: The participants included ۲۵۰ nurses from Bojnourd City, Iran who were selected by the available sampling method. The data were analyzed by Structural Equation Modeling (SEM) in SPSS version ۲۳ and AMOS version ۲۴. Results: Structural equation modeling analysis confirmed the proposed pattern. The results showed the direct effect of job and indirect effect of stress through psychological capital on the mental health and burnout. Conclusion: According to the results, hospitals and medical centers can benefit from psychological capital and its components to reduce job stress and burnout, and to increase mental health.

کلمات کلیدی:

Job stress, Psychological capital, Job burnout, Mental health

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