

عنوان مقاله:

Explaining Anger in Atypical Social Anxiety Disorder Based on Impulsivity and Risk Perception

محل انتشار:

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نویسندگان:

Tooraj Sepahvand - Department of Psychology, Faculty of Humanities, Arak University, Arak, Iran

Khalil Karami - Department of Psychology, Faculty of Humanities, Borujerd Branch Azad University, Borujerd, Iran

خلاصه مقاله:

Objective: The present research aimed at explaining anger in individuals with the atypical pattern of Social Anxiety Disorder (SAD) based on impulsivity and risk perception. Methods: The present study used a cross-sectional design. The research population included all students of Arak University; of which, ۴۵۰ individuals were selected by convenience sampling method. Firstly, the Social Phobia Inventory, Dickman Impulsivity Inventory, Risk Perception Scale, and Novaco Anger Scale were performed in them. Then, based on their obtained scores in social anxiety, ۱۲۴ individuals with scores ≥ ۱۹ were selected as the final research sample. Results: Multiple regression data indicated that impulsivity and risk perception predict ۳۶% of the variance of anger in individuals with social anxiety ($F_{2, 121} = ۳۳.۷۰, P < ۰.۰۰۱$); impulsivity directly ($Beta = ۰.۴۲۳$) and risk perception inversely ($Beta = -۰.۲۹۷$) presented a significant contribution in predicting the study subjects' anger. Conclusion: It is necessary to pay serious attention to impulsivity and risk perception in understanding and treating individuals with SAD and their anger.

کلمات کلیدی:

Social anxiety, Anger, Impulsivity, Risk perception

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