

## عنوان مقاله:

Perception of Burden and Stress Among Mothers of Autistic Children in Pakistani Cultural Background

## محل انتشار:

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## خلاصه مقاله:

Objectives: The study aimed to explore the perceived burden and stress among mothers of autistic children. Methods: This cross-sectional study was conducted at Riphah International University over 4 months, from October 2020 to January 2021. The samples were recruited using non-probability convenience sampling and comprised 84 mothers (23-60 years old) of children aged 3-16 years with Autism Spectrum Disorder (ASD) from different special education centers in Lahore. A demographic questionnaire, Parental Stress Scale (PSS), and Zarit burden interview (ZBI) were used to collect the study data, which were analyzed in SPSS v. 22 software. Results: Forty-five Mothers (53.6%) suffered from moderate to severe burden with a high Mean±SD ZBI (41.75±10.62) and Parental Stress Scale (PSS) scores (48.67±8.04). Also, there is a significant positive correlation between the two scores ( $r=0.585$ ,  $P=0.000$ ). A significant association was noted between the mother's stress and the severity of autism ( $P=0.006$ ) and the child's medication ( $P=0.008$ ), also between the mother's burden and the child's age ( $P=0.019$ ). Discussion: According to the current study's findings, mothers of children with ASD perceived a high level of burden and stress. The association was seen with factors of children's age, severity level, and child medication.

## کلمات کلیدی:

Autism Spectrum Disorder, Caregiver burden, Parental stress scale

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1862000>

