

## عنوان مقاله:

Investigating the Reliability and Validity of the Cognitive Flexibility Inventory (CFI-I) among Iranian University Students

## محل انتشار:

مجله تمرین در روانشناسی بالینی، دوره 2، شماره 1 (سال: 1392)

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## خلاصه مقاله:

**Objective:** The purpose of the present study was to inspect the validity and reliability of the Iranian version of the Cognitive Flexibility Inventory (CFI-I). **Methods:** The statistical population of the present study was selected among the university students studying at Shiraz University in the ۲۰۱۰-۲۰۱۱ academic year. Two hundred and seventy seven of the university students were recruited via cluster sampling method. The participants answered the Cognitive Flexibility Inventory (CFI-I), Connor and Davidson Resilience Scale (CD-RISC), Beck Depression Inventory Second Edition (BDI-II) and Billings and Moos Coping Styles Questionnaire (CSQ). **Results:** To examine the validity of the CFI-I, factor analysis by principle component analysis method was run, the result of which yielded three factors namely, Control, Alternatives and Alternatives for Human Behaviors that explained ۵۶.۰۲% of the variance. Support for the convergent and discriminant validity of the CFI-I was obtained by its correlations with the measures of depression, coping strategies, and resilience. Evidence for the internal consistency of the CFI was obtained by calculating correlations between the CFI-I and its subscales. Also, the Cronbach's alpha and test-retest coefficients for the CFI-I reliability were ۰.۹۰ and ۰.۷۱, respectively. **Conclusion:** It was concluded that the Iranian version of the CFI has acceptable levels of validity and reliability among Iranian university students and can be utilized in research investigations and therapeutic interventions.

## کلمات کلیدی:

Cognitive Flexibility Inventory (CFI), Validity, Reliability, Iranian university students

## لینک ثابت مقاله در پایگاه سیویلیکا:

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