

عنوان مقاله:

Unpacking EFL Teachers' Understandings and Strategies of Self-Awareness Competence in the Classroom

محل انتشار:

فصلنامه آموزش مهارت‌های زبان, دوره 42, شماره 4 (سال: 1402)

تعداد صفحات اصل مقاله: 25

نویسندگان:

Esmaeel Ali Salimi - *Department of English Language and Literature, Allameh Tabataba'i University, Tehran, Iran*

Mona Najjarpour - *Department of English Language and Literature, Allameh Tabataba'i University, Tehran, Iran*

خلاصه مقاله:

The Collaborative for Academic, Social, and Emotional Learning (CASEL) defines self-awareness competence as the ability to assess one's emotions, values, and skills realistically. Utilizing this definition as a theoretical framework, this qualitative study aimed to explore EFL teachers' perceptions and strategies regarding self-awareness competence in the classroom. To accomplish this goal, 19 EFL teachers from Iran were recruited through convenience sampling and took part in one semi-structured written interview and four focus group interviews to exchange their perspectives and strategies for developing their self-awareness competence. Adopting the routine analytical steps in grounded theory, i.e., open, axial, and selective coding, the study identified three key components for the participants' self-awareness perceptions: knowing one's emotions, having a growth mindset, and having a realistic sense of self-perception. The participants also outlined two primary categories of self-reflection strategies - practical and cognitive - to enhance their self-awareness competence. It was found that reflective practices were essential tools for cultivating the self-awareness competence of EFL teachers. Additionally, the study unveiled that EFL teachers' attitudes and strategies toward self-awareness competence were harmonious. Ultimately, the findings demonstrated promising prospects for future EFL teachers to enhance their personalized reflective strategies.

کلمات کلیدی:

CASEL, EFL Classrooms, EFL Teachers' Understandings and Strategies, Self-Awareness Competence

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1888041>

