

## عنوان مقاله:

Association between spiritual health and quality of life in patients with type ۲ diabetes in Bandar Abbas, Iran

## محل انتشار:

فصلنامه پزشکی هرمزگان، دوره 18، شماره 3 (سال: 1393)

تعداد صفحات اصل مقاله: 9

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## خلاصه مقاله:

Introduction: Spiritual well being is one of the fundamental concepts in chronic diseases in which create meaning and purpose in life and considered as an important approach in promoting general health and quality of life. This study was aimed to explore the relationship between spiritual well being and the quality of life among the patients with type ۲ diabetes referred to diabetes clinic of Aboureihan specific diseases centre in Bandar Abbas. Methods: This descriptive study was carried out on ۳۳۰ patients between ۴۰-۷۴ years referred to diabetes clinic in year ۲۰۱۲. Information through spiritual health and quality of life questionnaires were collected. Data analysis by descriptive statistics and Pearson Correlation was performed.  $P < ۰.۰۵$  was considered significant. Results: There was a significant relationship between spiritual well being, religious and existential aspect of spiritual well being and aspects of quality of life. Conclusion: The results may intensify the necessity of strengthening of the spiritual health as a factor affecting quality of life in those patients. The key point in a country like Iran with intellectual, cultural and religious beliefs could be useful and necessary in designing care-therapies programs for such patients.

## کلمات کلیدی:

Health, Quality of Life, Diabetes Type ۲, Health, Quality of Life, Diabetes Type ۲

## لینک ثابت مقاله در پایگاه سیویلیکا:

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