

عنوان مقاله:

Comparison of psychological disorders in addicted and non addicted students to internet

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خلاصه مقاله:

Introduction: Internet use has become one of the most popular recreational and academic activities for college students because of its convenience and its availability. Increasing use of internet and its psychological consequences needs more attention to mental health for internet operators. The purpose of the present research was evaluation and comparison of psychic health of addicted and non addicted students to internet in University of Isfahan. **Methods:** This cross-sectional study was conducted on ۱۵۰ randomly selected students of Isfahan University, during ۲۰۰۹-۲۰۱۰ academic year . Yang standard internet addiction questionnaire and SCL-۹۰_R applied for data gathering and data were analyzed by using Pearson correlation coefficient and t-test, using SPSS Software. **Results:** All subscales of SCL- ۹۰ were significantly associated with internet addiction ($P<۰.۰۵$). The university students with internet addiction have higher score in GSI and seven subscale of SCL-۹۰_R contain, OCD, DEP, SOM, ANX, IS, PAR and PHOB compare to non addicted group ($P<۰.۰۵$). The result of regression analysis showed that OCD was the best predictor of internet addiction. **Conclusion:** The consequences of the internet addiction must be taken into account seriously. Correct use of internet should be trained to the university students

کلمات کلیدی:

Health, Internet Addiction, Students, Health, Internet Addiction, Students

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