

عنوان مقاله:

Food security and its challenges in global societies

محل انتشار:

شانزدهمین کنفرانس بین المللی علوم صنایع غذایی، کشاورزی ارگانیک و امنیت غذایی (سال: 1402)

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خلاصه مقاله:

Ensuring food security is one of the main pillars of sustainable development of countries and dealing with food insecurity should be considered as one of the major goals of economic and social development planning of countries. The covid-19 pandemic, climate changes, drought and water scarcity, increasing food waste, wars and conflicts of hot and cold type (types of food import embargoes), economic crises and the global increase in food prices, put the countries of the world at risk, especially the lower income countries. Increasing food insecurity is a contract. The government's economic policies and support programs are among the factors that directly affect the basket and the table of the poor and low-income households in order to meet the physiological nutritional needs. Food and nutrition security is achieved when all people consume sufficient, healthy, diverse and high-quality food at all times that is in accordance with social and cultural needs for a healthy and active life. Food insecurity is a multi-dimensional phenomena that in addition to negative consequences on quantity and Quality of life has social, psychological and cultural dimensions. Food security and the degree of assurance of access to food are related to the economic and political life and the security life of countries, and the development of societies is strongly influenced by their nutritional status and food security. Food insecurity causes various forms of malnutrition caused by a lack of energy and protein intake, lack of micronutrients, and malnutrition caused by excess energy intake and as a result overweight and obesity, which itself is an important risk factor for non-communicable diseases related to nutrition. Some of the consequences of malnutrition caused by deficiency in the embryonic period and the first years of life, such as impaired brain growth and development and a decrease in intelligence, are irreparable.

کلمات کلیدی:

Food security, food supply, global politics, food insecurity

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