

عنوان مقاله:

Effectiveness of Education Using Video Media and Leaflets on Adolescents' Knowledge about the Impact of Mistimed Pregnan-cy

محل انتشار:

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خلاصه مقاله:

Aims: Approximately ۴۹% of pregnancies in adolescents aged ۱۵-۱۹ years are mistimed. Significantly in Jambi City, this trend has increased. It reflects adolescents lack of understanding about healthy living, the risks of sexual relations, and the rejection of unwanted relationships. This study aimed to determine the effect of counseling using videos and leaflets on adolescents' knowledge about the impact of mistimed pregnancy. Materials & Methods: This quasi-experimental study, with a pre-test and post-test with a control group design, was conducted from January to June ۲۰۲۱ in the work area of the Penyengat Olak Public Health Center, Jambi City, Indonesia. Ninety-six adolescents participated in the study and were divided into groups with video intervention and leaflet education, totaling ۴۸ adolescents each. Research data were analyzed using the analysis of covariance test. Findings: A significant increase was observed in student's knowledge after education using video media, with a different mean score of ۳۶ ($p=0.001$). Also, there was a significant increase in student's knowledge after receiving an education using leaflet media, with a different mean score of ۲۴ ($p=0.001$). Conclusion: Education using video media is more effective than leaflet media in increasing adolescents' knowledge about mistimed pregnancy.

کلمات کلیدی:

Knowledge, Pregnancy, Adolescent, Audiovisual Aid, Learning

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