

عنوان مقاله:

Knowledge and Practice of Present and Future Dentists about Nutrition Counseling in Yazd, Iran in ۲۰۲۲

محل انتشار:

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نویسندگان:

Fahimeh Rashidi Maybodi – Department of Periodontics, Shahid Sadoughi University of Medical Sciences, Yazd, Iran

Zahra Falahati Marvasti – School of Dentistry, Shahid Sadoughi University of Medical Sciences, Yazd, Iran

Azadeh Nadjarzadeh – Department of Nutrition, Shahid Sadoughi University of Medical Sciences, Yazd, Iran

خلاصه مقاله:

Background: Inadequate nutrition can affect oral health. Compromised oral health can also alter food choices and negatively lead to poor nutrition. This study aims to assess the knowledge and practice of dentists and dental students regarding nutrition counseling. Methods: In this cross-sectional study, a valid and reliable four-part questionnaire was conducted among senior students and dentists in Yazd city in February ۲۰۲۲. All ۴۰ senior students in the Faculty of Dentistry were selected by census method, and ۹۸ dentists were selected randomly from all the names registered in the system of Medical Council. Data were analyzed by SPSS version ۲۵ and t-test and Chi-square tests were used ( $P\text{-value} < ۰.۰۵$ ). Results: Out of a score ۹, the mean score of knowledge was  $۷.۱۲ \pm ۱.۷۵$  for dentists and  $۶.۴۸ \pm ۱.۲$  for students. The mean score of dentists was higher than students ( $P = ۰.۰۳$ ). Out of a score of ۱۰, the mean score of dentists and students' practice were  $۳.۲۶ \pm ۲.۴۳$  and  $۳.۲۰ \pm ۱.۸۲$ , respectively. There was no significant difference regarding the mean score practice in two groups ( $P = ۰.۸۷۹$ ). Conclusions: The knowledge level of both groups was not good but acceptable, and the quality of practice in both groups was poor. It seems that there is a need for corrective educational interventions to improve the practice of dentists and dental students.

کلمات کلیدی:

Dentists, Counseling, Cross-Sectional Studies, Students

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