

عنوان مقاله:

Comparing the effectiveness of cognitive behavioral intervention and positive-oriented psychotherapy on negative mood among operated cancer patients

محل انتشار:

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خلاصه مقاله:

The purpose of this research is to evaluate the effectiveness of cognitive behavioral intervention and positive psychotherapy on negative mood among female cancer patients who underwent surgery. The statistical population in this research included all female cancer patients who underwent surgery at Sinai Hospital in Mashhad between April and September ۱۴۰۲. ۲۰۰ people were purposefully selected and a negative mood questionnaire was distributed among them, and among them were female cancer patients who underwent surgery. (Breast) who received a lower score in the dysfunctional attitude questionnaire, ۶۰ people were selected completely randomly and ۲۰ people were divided into three groups (۲ experimental groups and ۱ control group). In this research, two standard demographic information questionnaires and Yang's negative mood questionnaire (۱۹۹۰) were used, which are based on the cognitive behavioral intervention protocols of Hoffman et al. (۲۰۱۳) and positive psychology Rashid and Seligman (۲۰۱۱). was executed Finally, the conclusion has been reached that cognitive behavioral intervention (cbt) and positive-oriented psychotherapy have an effect on reducing the negative mood of operated cancer patients; Also, the effectiveness of cognitive behavioral intervention method (CBT) and positive-oriented psychotherapy method on reducing negative mood in cancer patients who underwent surgery is different.

کلمات کلیدی:

Cognitive behavioral intervention, positive psychotherapy, negative mood  
مداخله شناختی رفتاری، روان درمانی مثبت گرا، خلق منفی

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