

عنوان مقاله:

A review of the impacts of boredom : A review of the best evidence

محل انتشار:

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خلاصه مقاله:

Undoubtedly, one of the most important social issues is the discussion of boredom and disillusionment, which is currently observable in many societies, and perhaps many individuals, as well as our loved ones, have encountered it and are seeking treatment to be relieved of it and resolve the crisis. The issue of boredom is a perennial topic that has always been on the list of fundamental human crises from the past to the present, and perhaps in the future as well. This work examines the meaning and concept of boredom, as well as its effects, reasons, treatments, and outcomes. Five articles that have provided accurate insights into explaining and defining the issue have been reviewed, and important questions have been answered that may have occupied individuals' minds for a long time

کلمات کلیدی:

Boredom, Review paper, Impacts of boredom

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