

عنوان مقاله:

Prediction of Love Stories based on Attachment Styles and Self-differentiation in University Students

محل انتشار:

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خلاصه مقاله:

The purpose of this research was to predict love stories based on attachment styles and self-differentiation in students. This was a cross-sectional correlational research. The statistical population of this research consists of students of Rasht university in ۲۰۲۲-۲۰۲۳. ۲۲۳ people were selected by multi-stage cluster sampling method. The Love Stories Scale (Sternberg, ۱۹۹۶), Revised Adult Attachment Scale (Collins & Reid ۱۹۹۰), and Differentiation of self-inventory-short form (Drake, ۲۰۱۱), were used to collect the data. Data were analyzed using SPSS-۲۴ software and multivariate regression analysis method. The findings of the study showed that attachment styles and self-differentiation can predict the love as a story of students, and the contribution of self-differentiation components was higher (۴۱.۳%). The value of the standardized regression coefficient (Beta) for the reactivity component ($\beta = 0.243$, $P < 0.01$), my position ($\beta = 0.169$, $P < 0.01$), emotional fault ($P < 0.01$, $\beta = 0.194$), and mixing with others ($P < 0.01$, $\beta = 0.203$). Thus, it was concluded that self-differentiation positively and meaningfully predicts love stories in students. The results of the current research show the importance of the role of self-differentiation and attachment styles in students, which can be effective in designing counseling programs in university counseling centers.

کلمات کلیدی:

Love Stories, Attachment styles, Self-Differentiation, university students

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