

عنوان مقاله:

Investigating The Effect Of Education Of Working Mothers In Medical Centers Based On Attachment Theory On Reducing Children's Separation Anxiety Symptoms

محل انتشار:

فصلنامه بین المللی تحقیقات پزشکی، دوره 13، شماره 1 (سال: 1402)

تعداد صفحات اصل مقاله: 9

نویسندگان:

Nahid Etesami - Master of clinical psychology, Azad University of Qom, Iran

Fatemeh Payan - Master of child psychology and exceptional children, Shiraz University of Research Sciences, Iran

Azizeh Sharifi Naseri - Master of Clinical Psychology, Islamic Azad University, Science and Research Branch, Tehran, Iran

خلاصه مقاله:

Background: This research aims to determine the relationship between mother's education based on attachment theory (attachment is an emotional bond that people establish with an attachment object that provides security and causes lifelong psychological adjustment) and children's separation anxiety. a state characterized by the feeling of fear of separation and associated with physical symptoms and perceptual and cognitive distortions) has been done. Method: This research is a semi-experimental type. Pre-test research plan-So the test is with the control group. The studied sample includes ۲۴ female elementary school students whose mothers work in medical centers located in the ۲nd district of Tehran, who were selected by random sampling method and were placed in two groups of ۱۲ subjects and controls, and were given the Zanq anxiety test in two stages. have answered and the mothers in the experimental group were trained with a training program based on attachment theory. Results: The findings of this research were obtained from the covariance analysis method. The average anxiety score for the "pre-test" control group is equal to ۳۰.۶, the average of the control group (post-test) is equal to ۳۶.۱, the average of the experimental group (pre-test) is equal to ۳۱.۲, and the average of the experimental group (post-test) is equal to ۶.۲۷ obtained and $۱۲.۲۲۷P < ۰.۰۱, F =$ showed that there is a significant relationship between education of mothers based on attachment theory and reduction of children's separation anxiety symptoms. Conclusion: The educational program (based on attachment) presented in this research was aimed at improving the attachment pattern and repairing attachment defects, and the results of this program have shown a significant effect on reducing children's separation anxiety

کلمات کلیدی:

Separation Anxiety, Working Mothers, Attachment Theory, Medical Centers

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/2001258>

