

عنوان مقاله:

A Cognitive-Behavioural Group Intervention For Afghan Immigrant Students Living In Iran : Does It Enhance Academic Motivation

محل انتشار:

نهمین کنفرانس بین المللی مطالعات میان رشته ای علوم بهداشتی، روانشناسی، مدیریت و علوم تربیتی (سال: 1403)

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خلاصه مقاله:

Background: The current study aimed to investigate the effectiveness of cognitive-behavioral group therapy on increasing academic motivation among Afghan female high school students living in Isfahan (Iran). Method: Using the convenience sampling technique, 60 subjects were selected and then divided into two control and experiment groups (each with 30 subjects). The intervention group received eight 90-minute sessions (once per week) of face-to-face training. Results: The results revealed that the intervention significantly impacted the components of motivation, including effort, social power, social interest, adoration, and exemplariness. While no association was found between the intervention and interest in doing homework, competitiveness, and obtaining continuity. Conclusion: This study demonstrated that cognitive-behavioral group therapy could positively impact academic motivation among Afghan female students

کلمات کلیدی:

Cognitive Behavioral Group Therapy, Academic Motivation, Afghan Female High School Students

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