

عنوان مقاله:

Examining the Relationships between Extroversion/Introversion, Neuroticism, Emotional Dysregulation, Emotion Regulation Strategies, and the Amount of Time Spent by Iranian Users on the Instagram Social Network Based on the Structural Equation Approach

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خلاصه مقاله:

The purpose of this study is to investigate the relationships between the time spent on the Instagram network based on the personality traits of introversion/extroversion, neuroticism, emotional dysregulation, and emotion regulation strategies in Iranian users of this network. Our hypothesis was based on the fact that the time spent by Iranian users on this network is much longer compared to other countries, and part of its causality is related to the practical use of this network as a tool for emotion regulation, for a limited reason. The methods of expressing emotions in this country have led users to excessively use this network. Data collection was done through an online questionnaire, which was completed by a total of 918 people. The hypothesis test and evaluation of the proposed model were examined by the structural equation modeling (SEM). The results showed that the attributes of neuroticism (N), extroversion (E), emotional dysregulation, and emotion regulation strategies can well predict the time spent by the user. The variables of neuroticism, extroversion, and emotional dysregulation all have a positive effect on the target variable (increasing time), and the variable of emotion regulation strategies can reverse this effect and reduce the time spent by users.

کلمات کلیدی:

extroversion, introversion, neuroticism, Emotional dysregulation, Emotion Regulation Strategies

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