

عنوان مقاله:

Iranian Female Methadone Patients and the Perceived Educational Needs Related to Human Immunodeficiency Virus

محل انتشار:

مجله اعتیاد و سلامت, دوره 10, شماره 4 (سال: 1397)

تعداد صفحات اصل مقاله: 8

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خلاصه مقاله:

Background: Iranian female methadone patients are at risk of human immunodeficiency virus (HIV) due to involvement in high-risk sexual behaviours and/or needle sharing. The present study aimed to explore the perceived educational needs related to HIV among a group of Iranian female methadone patients. Methods: The research design was qualitative and the participants were sampled purposively. Semi-structured interviews were conducted with ۳۴ women and ۱۹ clinicians in Sari, Mashhad, and Tehran, Iran. Then, qualitative content analysis was implemented. Findings: The emergence of three major themes and six minor themes was revealed. Women expressed a need to increase their knowledge including women-specific pathophysiology and disease progression and the modes of the virus transmission and prevention. Women also expressed a need to enhance their knowledge and skills related to the physical management of the virus including self-care and reproductive health. Other themes included perceived psychosocial needs including removing stigma and access to resources in the community. Conclusion: Women reported a wide range of educational needs from basic knowledge to advanced skills. The findings can be used in designing women-specific educational programs related to HIV in Iran. Larger studies are suggested with gender-mixed samples in the Persian context

کلمات کلیدی:

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