

عنوان مقاله:

Spiritual Coping against the Desire of Re-using Drug

محل انتشار:

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خلاصه مقاله:

Introduction : Through recognizing spiritual coping strategies against the desire of re-using drug among ex-addicts, their empowerment in facing the desire of re-using drugs can be improved. This study aimed to explore some spiritual coping methods against the desire of re-using drug among ex-addicts. Method: This study was done based on the qualitative method and contract content analysis. The participants were ۱۸ ex-addicted men selected through a targeted sampling method, which were in different periods of drug withdrawal. Data collection was done through semi-structural interviews; and the data were analyzed using the method of Graneheim and Lundman. Results: The theme of spiritual-bases coping with three main categories of "spiritual beliefs", "supportive-based resources", and "spiritual evolutions" was specified as spiritual coping strategy against the desire of re-using drug. Conclusion: Considering the efficacy of spiritual coping against the desire of re-using drug among ex-addicts, it is necessary for social workers to strengthen spirituality and spiritual beliefs in these patients as an impediment tool to improve their supporting programs

کلمات کلیدی:

Spirituality, Coping, Addiction, Drug Abuser

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