

عنوان مقاله:

The Role of Multidisciplinary Care in Stroke Rehabilitation : A Holistic Approach

محل انتشار:

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خلاصه مقاله:

Stroke rehabilitation involves general and special treatment, because it is an extremely complex disorder and can only be addressed by using an interdisciplinary approach that includes different treatments for patients with this disease. This paper aims to explain the importance of the involvement of healthcare specialists including physical therapists, occupational therapists, speech and language therapists, psychologists, and social workers during stroke rehabilitation. The goal is to explain how integrated and team-based care with professionals from various fields helps lessen dependency and disability, increase patients' quality of life, and minimize chances of further strokes. Data indicates that individuals who undergo multidisciplinary care services are more likely to achieve faster and better treatment outcomes in comparison to those undergoing traditional rehabilitation methods. The conclusion stresses that the patient-oriented approach and concentration on the patient's individual needs should be the main focus when it comes to the choice of rehabilitation strategies and tactics; thus, efforts should be continued to develop and improve stroke rehabilitation approaches. This approach not only improves on patient satisfaction but also demonstrates a strong commitment to addressing the individual needs and desires of each patient, focusing on the big picture of overall health.

کلمات کلیدی:

Multidisciplinary Care, Stroke Rehabilitation, Holistic Approach, Patient-Centered Care, Functional Recovery

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