

عنوان مقاله:

Sociological analysis of the ways of spending leisure time

محل انتشار:

مجله بین المللی علوم تربیتی و کاربردی، دوره 1، شماره 2 (سال: 1393)

تعداد صفحات اصل مقاله: 9

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خلاصه مقاله:

Introduction: The main purpose of this article is about leisure time. Leisure time is a period in which people start to reveal their values, interest, power and resistance without any trouble or tension and act as the presenter of their own social class. Social scientist has defined Leisure time as a dimension of social life, background maker and an important base for all the social terms and patterns. This research tries to explain the ways of comprehending and explaining Leisure time from the viewpoint of young people, the ways of spending it, its obstacles and problems, consequences and effective methods for decreasing the problems which are caused by the lack of spending a good Leisure time by applying social expound approaches. In the theoretical section by applying scientist suggestions about different aspects of Leisure time, we have created a conceptual framework and will use it for analyzing. Materials and Method: The applying method is qualitative and the source data were obtained by applying deep interviewing and theoretical saturation criterion among 20 citizen of region no.10 (Tehran city). Results: The obtained results include findings such as mass media categories as the center of Leisure time, modern approach toward Leisure time, potential aspect in amusement and trip taking, combined functions of journey taking and the relationship between gender and leisure time, also cultural- social issues and financial problems are considered as an important problems in the field of Leisure time, Which endanger the correct spending of leisure time. Conclusion: Improving leisure time require a lot of attention and programming. Expanding welfare facilities, green environment, sport activities, general institutions (public library) and etc. are some of the factors that can help to solve the problems of leisure time.

کلمات کلیدی:

Sociological analysis , , Leisure time , Gender , Obstacles and problems approaches , Young people , Qualitative method

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