عنوان مقاله:

The relationship between happiness, self-control and locus of control

نویسندگان:

Seyede Golafrouz Ramezani - *Department of Educational Sciences, Lecturer of Educational Sciences and Psychology, Shiraz Branch, Payame Noor University, Shiraz*

Abbas Gholtash - *Assistant Professor, Department of Educational Sciences, Faculty of Educational Sciences and Psychology, Marvdasht branch, Islamic Azad University,Marvdasht, Iran*

خلاصه مقاله:

Aim: The aim of this study was explored the relationship between happiness, self-control, and locus of control (LOC). Methods: Research method in this survey was descriptive and correlational. A sample of 200 college students ranging from 18 to 28 years of age was studied using cluster sampling method. To collect data, a use was made of three questionnaires included the Oxford Happiness Inventory, self-control scale of Nikmanesh[1] and Rotter's LOC. Data analysis involved multiple regression analysis and one-way analysis of variance. Results: The results of this study indicatedthat, happiness is positively and significantly related to self-control. Furthermore, self-control was the strongest predictor for happiness. Conclusion: It was also suggested that self-control is positively and significantly related to LOC.

کلمات کلیدی:

Happiness, self-control, locus of control

لینک ثابت مقاله در پایگاه سیویلیکا:

https://civilica.com/doc/442663