

عنوان مقاله:

Designed to evaluate early maladaptive schemas in normal soldiers and addicted soldiers

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خلاصه مقاله:

Aim: The present research is designed to evaluate early maladaptive schemas in normal soldiers and addicted soldiers. **Methods:** The study used past-reviewing comparative. The population consists of all the soldiers who were randomly selected from among 122 soldiers (62 addicted and 60 normal soldiers). General Health Questionnaire (1979) was used for measuring the general health of normal soldiers and also Young Short Questionnaire (2005) for measuring addicted soldiers schemas. The data were analyzed by SPSS16 software and difference analysis statistical method. **Result:** There is a significant statistical difference between the two groups in all design. The schemas of abandonment/instability, defectiveness/shame, and dependence/incompetence were more important predictors for the risk of addiction. **Conclusions:** The primary maladaptive schemas among soldiers addicted to opium exist with more frequency. Knowing them better is beneficial for preventing and treating the problem.

کلمات کلیدی:

Addictions, maladaptive schemas, soldiers

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