

## عنوان مقاله:

The effectiveness of emotional intelligence on job burnout mediated the self-efficacy among elementary teachers

## محل انتشار:

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## خلاصه مقاله:

**Aim:** The purpose of this study was to investigate the effectiveness of emotional intelligence (EI) on job burnout among primary school teachers in Babol mediated the self-efficacy (S.E.). **Methods:** This was a descriptive correlational study clearly based on structural equation modeling (SEM). The participants of this study were 225 primary school teachers of public schools in Babol in academic year 2014 that were selected via cluster random sampling method. Participants completed Maslach and Jackson's job burnout inventory, teacher S.E. questionnaire (by Tschannen-Moran, Woolfolk,) and EI questionnaire (by Schutte,) by individual method and reliability and validity of these questionnaires was obtained. **Results:** Results of Pearson correlation showed that all EI, job burnout and S.E. components are mutually correlated with each other ( $P < 0.01$ ). **Conclusion:** Implementing SEM with (partial least squares-SEM) for relationship between EI and job burnout through mediator variable S.E. tests, we found that the proposed model has a good fit and burnout is well explained by EI and S.E. Furthermore, all of the model path coefficients were significant

## کلمات کلیدی:

Elementary teachers, emotional intelligence, job burnout, self-efficacy

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