

عنوان مقاله:

Fenugreek (*Trigonella foenum-graecum* L.) As a Valuable Medicinal Plant

محل انتشار:

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خلاصه مقاله:

Fenugreek is an medicinal plant that use in disease some therapy. This plant use for blood lipids and sugar decreasing in diabetic and non diabetic peoples and have antioxidant and antibacterial activity. The plant contains active constituents such as alkaloids, flavonoids, steroids, Saponins etc. It is an old medicinal plant. It has been commonly used as a traditional food and medicine. Fenugreek is known to have hypoglycemic, and hypocholesterolaemic, effects, Anti-inflammatory effects. Recent research has identified fenugreek as a valuable medicinal plant with potential for curing diseases and also as a source for preparing raw materials of pharmaceutical industry, like in steroidal hormones. Since fenugreek is a self-pollinated crop, a mutation breeding method can be used to generate mutants with a determinate growth habit. Irradiation and chemical mutagens can be used to produce point mutations in fenugreek

کلمات کلیدی:

Trigonella foenum-graecum L., Fenugreek, Pharmaceutical Effects

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