

عنوان مقاله:

Relation of emotional intelligence and inefficient career among employers of physical-education department of Ahwaz

محل انتشار:

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خلاصه مقاله:

Background: The purpose of this study was relation of emotional intelligence and inefficient career among employers of physical-education department of Ahwaz. **Materials and Methods:** For describing the relationship between emotional intelligence, its components (evaluating & expressing emotion, emotion regulation & operation) & burnout in employers of physical-education department of Ahwaz, the researcher used surveyed methods & the statistical population was 260 employers of physical-education department of Ahwaz & also used random sampling. The descriptive statistic (frequency, percentage, mean & standard deviation) & deductive statistic (regression's analyzing test as step by step method) & for analyzing data was used SPSS software (the meaningful level is considered $P \leq 0.05$). **Results:** showed the summary of multiple results of regression & it was showed that there was multiple relationship between emotional intelligence's components & burnout. Evaluating & expressing emotion components were good prospector for job/work satisfaction. there is negative relationship between inefficient career & Evaluating & expressing emotion in meaningful level test of ($\alpha \leq 0.05$) noticed to the statistics test ($r = -0.53$) & ($P = 0.000$) & attention to ($r = -0.60$) & ($p = 0.000$) between inefficient career & emotional regulation there was negative meaningful relation & also there is negative meaningful relation & also there is negative between exhaustion & emotional intelligence. **Conclusion:** The results of regression's analysis showed that there were multiple relationships between the emotional intelligence components with burnout in employers of physical-education department of Ahwaz.

کلمات کلیدی:

Emotional Intelligence, inefficient Career, Employers

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