

## عنوان مقاله:

The effect of transformational and transactional leadership styles on motivating the competition: (A Study of Women's (Premier football League in Iran

## محل انتشار:

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## خلاصه مقاله:

Background: Examining coaches' behaviors and leadership styles and their effects on a team's behaviors, motivation can help us to improve coach-athlete relationship and team performance. Thus, the present research was conducted to examine the relationship between transformational and transactional leadership styles of coaches and motive to achieve success, motive to avoid failure and power motive of football premier players in Iran. Materials and Methods: Leadership styles of coaches measured by The Leadership Profile questionnaire (TLP) and competition motivation of players measured by Sport Attitude Inventory (SAI). The statistical procedure also was based on descriptive and inferential basis and included multivariable regression. Results and Discussions: The findings indicated: Coaches with high score in transformational and transactional leadership styles had effectiveness leadership style and actualizing profile. Self-Motive to achieve success of athletes was highest and power motive and motive to avoid failure of them were second and third level. There was significant and positive correlation between transformational leadership style of coaches and motive to achieve success and power motive of athletes. There was significant and negative correlation between transformational leadership style of coaches and motive to avoid failure of athletes. Conclusion: Transformational leadership characteristics and transformational behaviors of coaches had equal effect on increase of motive to achieve success of athletes. Transformational leadership characteristics of coaches had more effect on decrease of motive to avoid failure of athletes than transformational leadership behaviors. Transformational leadership behaviors of coaches had more effect on increase of power motive than transformational leadership characteristics. Transactional leadership styles of coaches didn't have significant correlation with three scales of motives related to competition.

## کلمات کلیدی:

Transformational leadership, Motive to achieve success, Power motive

## لینک ثابت مقاله در پایگاه سیویلیکا:

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