

## عنوان مقاله:

Training Needs of the Families with Mentally Retarded Child: A Mini-Review

## محل انتشار:

فصلنامه بین المللی مطالعات مروری پزشکی، دوره 1، شماره 2 (سال: 1393)

تعداد صفحات اصل مقاله: 4

## نویسندگان:

Elham Azarm Nejad - Nursing college ,Baghiatollah Medical Science University

Morteza Khaghanizade - Behavioral Sciences Research Center, Baqiyatallah University of Medical Sciences, Tehran, Iran

Frough Sarhangy - Scientific Board of Nursing College, Baqiyatallah University of Medical Sciences, Tehran, Iran

## خلاصه مقاله:

Parents of mentally retarded children often do not have the knowledge of how to deal with their child care, and essential health care team aware of their educational needs, using appropriate teaching methods to respond to these needs. Therefore, this study aimed to identify teaching methods to suit the needs of families with mentally retarded children has been doing. Methods: This study was based on a systematic review of methods and purposely focused on the research questions, search for information retrieval, evaluation, integration will. Therefore, all scientific papers published from 2008 to 2013 in the Pub Med, Science Direct, Cochrane, Eric, Databases were searched in line with the research question, and deleting articles that did not make the inclusion criteria, number 6 was selected article and appropriate training and educational needs of parents of mentally retarded children were extracted. Results: Different methods to educate families of children with special disabilities are applied, including:- Anger management training significantly positive relationship with the child's mother has affected her mentally retarded children with disabilities.- Training of cognitive - behavioral life skills parental stress significantly reduces the feeling of inability to play a parental role.- Another way use the Show method of treatment group (GMT) is. GMT is a successful alternative therapy is appropriate in building renovations. GMT can significantly reduce stress mothers are mainly composed of mentally retarded children. Conclusion: Family education classes can be awareness and acceptance towards backwardness and characteristics of parents to raise their children, Feelings and reactions that can be occur are often parents themselves, for they make clear and teaching strategies to reduce the tension between family members, Optimal interaction between parent and child increases and can have a major impact on family health.

## کلمات کلیدی:

Education- Mentally retarded children -Families of mentally retarded children

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/464445>



