

عنوان مقاله:

The Role of Maternal in Children Anxiety: A Systematic Review

محل انتشار:

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خلاصه مقاله:

Background and Objectives: Anxiety is known as a normal reaction of stress, when anxiety becomes excessive it can wear down the person. Anxiety in the childhood causes that person experience adversities in next steps of life. Mother and child are two creatures who their life linked to each other greatly. Mother's anxiety along the time causes child's anxiety. So, this study is done by the aim of examining the mother's role in decreasing child's anxiety. Methods: This study was conducted based on systematic review method and focused on the research question 'what is the role of mother's anxiety in appearing of children's anxiety?' The main stages of the research strategy is as follows: in the first stage, recognized the resources in databases, in this stage an electronic research was doing to identify published articles from 2008 to 2013 in Persian databases: Iran medex, Iran doc, Sid and Latin databases: CINHALL, Cochran, Pub Med, Science Direct, Eric. According to inclusion and exclusion criteria, after quality assessment 10 articles were qualified for entering to study. Results: The results of the data analysis indicating that various conditions from mother can effect on children's anxiety: 1. excessive support 2. parent's anxiety 3. maternal negative emotions. Mother's anxiety, excessive interference, negative emotions and intense attachment to mother, along the time causes child's anxiety significantly. Conclusion: According to research findings base on different aspects of mother's character on children's behavioral disorder, by controlling mothers anxiety and helping mother to control emotions and avoid excessive support of their children can reduce negative role of mother on child's anxiety.

کلمات کلیدی:

Child, Anxiety, Mothers, Educational Models

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