

عنوان مقاله:

The effects of Massage therapy on Fatigue of Multiple Sclerosis patients

محل انتشار:

نخستین کنفرانس بین المللی و دومین کنفرانس ملی هزاره سوم و علوم انسانی (سال: 1395)

تعداد صفحات اصل مقاله: 9

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خلاصه مقاله:

Objective: We assay effects of Massage therapy on Fatigue of Multiple Sclerosis patients. Background: Multiple Sclerosis is a progressive disease of the central nervous. The patients experience all kinds of physical and mental disorders. Supplementary therapies like massage therapy can reduce the number of attacks and delay the total disability stage of the disease. Method: The samples were divided to two groups of control and experiment groups of 10 persons each. In this research, the patients were given two sessions of massage therapy per week for a period of two months. The fatigue level of the patients in control and experiment groups was examined via a questionnaire , before and after the therapeutic period. Result: The demographic and the fatigue in the control and experiment groups did not show a significant difference before conducting the experiment. After the therapeutic interference, the fatigue in the experiment group showed a significant reduction, but it was negligible in the control group. Conclusion: Massage therapy on Multiple Sclerosis patients can slow down the progress of the disease in MS patients.

Application: The data was analyzed using variance analysis for repetitious data

کلمات کلیدی:

Massage therapy, Fatigue, Multiple Sclerosis patients

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