

## عنوان مقاله:

Investigating the Efficacy of Cognitive-Behavioral Therapy in Changing Marriage Myths

## محل انتشار:

سومین کنفرانس بین المللی پژوهش های نوین در علوم انسانی (سال: 1395)

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## خلاصه مقاله:

The present study investigates the effect of cognitive-behavioral therapy on marriage myths changes. The statistical population of the study consisted of all female students who lived in Golestan dormitory of Kharazmi University; From among participants, 30 individuals who gained 45 or above in marriage myths scale were randomly designated in a control and an experimental group. This study utilized the pretest-posttest format with a control group. A researcher-made questionnaire was used to measure the marriage myths. The experimental group underwent behavioral-cognitive therapy for 10 sessions. The results showed that cognitive-behavioral therapy is effective in changing the marriage myths and its components.

## کلمات کلیدی:

Cognitive-behavioral therapy, myths, marriage

## لینک ثابت مقاله در پایگاه سیویلیکا:

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