

عنوان مقاله:

An overview of effective herbs in the treatment of polycystic ovary syndrome

محل انتشار:

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خلاصه مقاله:

Polycystic ovary syndrome is the most common endocrine disorder in women and the most common cause of infertility due to anovulation. Women with this disease have the most common symptoms, such as menstrual disorders, symptoms of hyperandrogenism such as hirsutism, acne, hair loss Gynecology. Patients are at risk for serious complications such as increased risk of endometrial cancer postmodernism, dyslipidemia, hypertension, cardiovascular diseases and diabetes. So treatment is of particular importance because of having fewer side effects and cost effective herbs can be effective in the treatment of pcpos. This review study was performed with textbooks search on the texts of antenatal education and preparation for childbirth and Iranian medicine and online search by the keywords of pcpos, herbal medicine, herbs in SID, elearica, BJM sites study the articles published from 2000 onward. Medicinal plants such as rhododendron and fennel and licorice and saw palmetto and five fingers and... antioxidant activity and anti-spasmodic and antiadrenergic and can be effective pcpos treatment, that its reason is rising the levels of androgen hormones. The medicinal plants have high potential in the treatment of women's diseases such as polycystic ovary syndrome. And the recognition of its advantages and wide applications can be significantly enhanced treatment efficiency. In this article, paid to the introduction of widely used medicinal plants and effective in the treatment of pcpos that compared to conventional treatment methods have the effective results of treatment. Given that be spent high costs for treating common diseases as well as for chemical drugs by resorting to .this method can reduce the costs and disability

کلمات کلیدی:

Polycystic ovary syndrome, Medicinal herbs, Traditional medicine

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