

## عنوان مقاله:

How Important are Iranian Fathers to their Adolescent's Life? Relationship between Father Involvement and Adolescent's Psychological well-being in Iran

## محل انتشار:

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## خلاصه مقاله:

In the past, the mother-adolescent's relationship was the focus of researches, while few studies were investigating father involvement role in Iranian children's life. In order to explore adolescent's psychological well-being, it is necessary to recognize important factors that affect it. Father involvement is one of the most important factors; however, studies are scant on this issue among Iranian population. This study aimed to examine the relationship between father involvement and adolescent's psychological well-being, while considering the role of adolescent's and parent's personal characteristics. So the study was conducted in Tehran, on 376 adolescents (12-14 years old), selected through a multi-stage cluster sampling technique. A self-administered questionnaire was used to collect the data. The findings showed that respondents possessed a moderately significant relationship with father involvement. Moreover, father involvement was a strong predictor of adolescent's psychological well-being, being improving by adolescent's academic achievement. The current study is one of the first Iranian father-adolescent's studies, coupled with the effective role of adolescent's academic achievement for the mentioned relationship. This information could be used as guidelines for those dealing with adolescents in order to strengthen Iranian father-adolescent relationship. In summary, this study has its potential in explaining how to help adolescent's senses of psychological well-being by considering paternal role as the most important factor in adolescent's life.

## کلمات کلیدی:

Father Involvement, Adolescent's Psychological well-being

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