

عنوان مقاله:

Midlife Women s Perceptions Of Their Changing Bodies During Period Of Their Menopause

محل انتشار:

پنجمین کنفرانس ملی توسعه پایدار در علوم تربیتی و روانشناسی، مطالعات اجتماعی و فرهنگی (سال: 1395)

تعداد صفحات اصل مقاله: 14

نویسندگان:

Maryam Niyyati - *ph.d student*

Mansour Yahyavi

خلاصه مقاله:

The purpose of this study was to document, from a developmental perspective midlife woman s perceptions of their Menopause within the larger cultural context, and to use ethnographic research as a tool for researching midlife women. The central question guiding the analysis of midlife women s lives was: what are midlife women s perceptions of their changing bodies The self- reported experiences of 20 midlife women (45-55) were obtained and the data analyzed using spradly s (1979) developmental research sequence method. Data were collected by using individual interviews. Four general themes emerged from the analysis of the data. The first two themes- the media and medicine-involved aspects of the culture that most influenced the women s interpretations of their changing bodies and were, therefore, structural in nature. The second two themes loss and redefining of self (including the development of self-care involved the more personal aspects of the women s narratives such as reflected meanings and attitudes. Results of the study indicated that the midlife period in a women s life encompasses a broad spectrum .of experience, full of contradiction and changes

کلمات کلیدی:

Midlife Woman, Menopause, Changing Body

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/613615>

